



“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

Isaiah 41:10

The GREATNESS of God
 is revealed in the Bible as follows:

- He is revealed as the **JUDGE** of all the earth (41:1)
- He is revealed as the **ONE** who controls the course of history. (41:2-3)
- He is revealed as the **FIRST** and the **LAST**. (41:4-7)
- He is revealed as the God who **CHOSE A PEOPLE FOR HIS OWN** (41:8-9)



THE FOUNDATIONAL CATHOLIC

1. DO NOT BE **AFRAID**:

Psalm 27:1: “The LORD is my light and my salvation—so **why should I be afraid?**”

The LORD is my fortress, protecting me from danger, so why should I tremble?”

Psalm 46:1-3: “God is our refuge and strength, always ready to help in times of trouble. So, **we will not fear** when earthquakes come and the mountains crumble into the sea. Let the oceans roar and foam. Let the mountains tremble as the waters surge!”

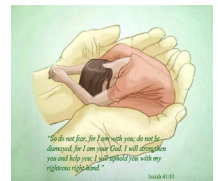


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2. DO NOT BE **DISCOURAGED**

Joshua 1:9 – “This is my command—**be strong and courageous!** Do not be afraid or **discouraged**. For the LORD **your** God is with you wherever you go.”

Deuteronomy 31:8 – “The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; **do not be discouraged.**”



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- In ancient Hebrew culture, the concept of being “with” someone carried significant weight. It implied **not only** physical presence **but also** support, alliance, and shared purpose.
- This preposition is frequently used in covenantal contexts, where God's presence with His people is a central theme. The idea of God being “with” His people is a recurring assurance of His guidance, protection, and blessing.



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- The use of “**ani**” in the Scriptures often emphasizes the personal involvement or declaration of the speaker, whether it be a human or God Himself. In a **covenantal context**, “**ani**” **underscores the personal commitment and relationship between God and His people.**

“But now, O Jacob, listen to the LORD who created you. O Israel, the one who formed you says, *“Do not be afraid, for I have ransomed you. I have called you by name; **you are mine.**”*

Isaiah 43:1



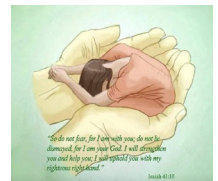
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- In ancient Israelite culture, strength and courage were highly valued traits, especially for leaders and warriors. The concept of 'amets is deeply embedded in the narrative of the Israelites, who often faced formidable enemies and daunting tasks. The exhortation to be strong and courageous is a recurring theme in the Hebrew Bible, reflecting the need for reliance on God's power and promises in overcoming obstacles.



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- **Daniel 10:19** - “Don’t be afraid,” he said, “for **you are very precious to God**. Peace! Be encouraged! Be strong!” As he spoke these words to me, **I suddenly felt stronger** and said to him, “Please speak to me, my lord, for you have strengthened me.”



"So do not fear, for I will with you, do not be alarmed, for I am your God. I will strengthen you and help you, I will uphold you with my righteous right hand."

Isaiah 41:10

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- In ancient Israelite culture, the concept of help was deeply embedded in the community and religious life. The Israelites often found themselves in situations where they needed divine intervention, whether in battle, personal distress, or national crises.
- The idea of God as a helper was central to their understanding of His covenant relationship with them. **This divine assistance was not just about physical aid but also encompassed spiritual and moral support.**



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- **Psalm 121** - “I look up to the mountains—**does my help come from there? My help comes from the Lord**, who made heaven and earth! He will not let you stumble; the one who watches over you will not slumber. Indeed, he who watches over Israel never slumbers or sleeps. The Lord himself watches over you! The Lord stands beside you as your protective shade. The sun will not harm you by day, nor the moon at night. The Lord keeps you from all harm and watches over your life. The Lord keeps watch over you as you come and go, both now and forever.”



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- The Hebrew verb “*tamak*” primarily means to hold or support. It conveys the idea of grasping firmly, sustaining, or upholding something or someone.
- In the context of the Hebrew Bible, it often refers to **God's sustaining power or the act of supporting others, both physically and spiritually.**



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- **Psalm 63:6-8** - “I lie awake thinking of you, meditating on you through the night. Because **you are my helper**, I sing for joy in the shadow of your wings. I cling to you; **your strong right hand holds me securely.**”



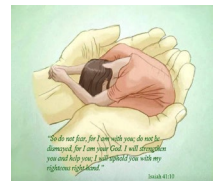
CONCLUSION

Fear not... **HE IS WITH US!**

- **Psalm 56:3-4** - “When I am afraid, I will trust in you. In God, whose word I praise, **in God I trust; I will not be afraid.** What can mortal man do to me?”

Fear not... **HE IS OUR GOD!**

- **Romans 8:31** - “If God be for us, **WHO** can ever be against us!”



CONCLUSION

Fear not... **HE WILL STRENGTHEN US!**

- **2 Corinthians 12:9-10** – “My grace is all you need. My power works best in weakness.” So now I am glad to boast about my weaknesses, **so that the power of Christ can work through me.** 10 That’s why I take pleasure in my weaknesses, and in the insults, hardships, persecutions, and troubles that I suffer for Christ. **For when I am weak, then I am strong.”**



CONCLUSION

Fear not... **HE WILL HELP US!**

- **Proverbs 3:5-6** - “Trust in the Lord with all your heart and do not lean on your own understanding, in all your ways acknowledge him and **he will** direct your paths.”

Fear not... **HE WILL HOLD US!**

- **Isaiah 40:11** - “He will feed his flock like a shepherd. **He will carry the lambs in his arms, holding them close to his heart.** He will gently lead the mother sheep with their you.”





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